

Injections

As part of the evaluation and treatment of your neck or back issue, we have ordered a steroid injection for you. We hope you can get this done quickly. There are a few things you will need to do to prepare for your injection:

- Please stop taking any non-steroidal anti-inflammatory drugs (NSAIDs). Some common examples of NSAIDs are: Aleve (naproxen), Advil/Motrin (ibuprofen), Bayer/Excedrin (aspirin), Celebrex (celecoxib) and many others. If you are unsure if you are taking an NSAID, please ask us to review. Because these medicines increase your risk of bleeding, you will generally have to be off of these medicines for a week prior to receiving your injection.
- If you are taking any anticoagulation medications, you will have to temporarily stop these. Some common examples of this are: Coumadin (warfarin), Pradaxa (dabigatran), Eliquis (apixaban), Xarelto (rivaroxaban) and many others. Please contact the physician that prescribes this for you to see whether it is safe for you to stop these, and how they recommend coming off of these medications prior to your injection.

Lastly, we ask that you track your pain scores before and after receiving your injection and bring this back for your next appointment with Dr. O’Neill.

Time	Day Before Injection	Night of Injection	Day 1 After Injection	Day 2 After Injection	Day 3 After Injection	1 Week After Injection	2 Weeks After Injection
Pain Score (1 to 10)							

If you have any questions, please call our office at 317.802.2429.