

James Gruesser, PT



James graduated from Indiana University in 2001, receiving a bachelor's degree in physical therapy. He is board certified in clinical orthopedics through the American Physical Therapy Association. He is also a certified

strength and conditioning specialist. James started his career at OrthoIndy in 2005. He is a senior physical therapist at OrthoIndy Carmel Physical Therapy. He also serves as the Center Coordinator for Clinical Education for all PT/OT students coming into the OrthoIndy facility. He enjoys treating shoulders and knees, working with biomechanical issues and treating athletes.

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