

In an attempt to combat the opioid crisis in the United States, an Indiana law enforces limits on opioid quantities that can be prescribed. This has resulted in a patient and provider challenge; pharmacies and insurance companies are overriding the provider's prescriptive authority. Pharmacies may refuse to fill or limit the amount of medication provided versus what is prescribed. In addition, insurances may refuse to cover prescription costs.

This may directly affect your ability in obtaining some or all of your prescribed medications (i.e. hydrocodone, oxycodone, etc.). If only a limited amount is provided, this may require you to revisit a provider for an additional prescription. We encourage you to check with your pharmacy and/or insurance for costs and potential limitations prior to arriving at the pharmacy. Each pharmacy company appears to be handling this differently so make sure you shop around for your best possible outcome.

The opioid crisis is real and one should only take your medication as prescribed. Please make sure you are following strategies provided by your provider to limit the amount of pain medication you may require. For example, ice as instructed, elevation and relaxation techniques.

The challenges related to obtaining your prescriptions are **NOT** related to any of OrthoIndy policies, this is our state law, which is being modified further by insurance companies and pharmacies. OrthoIndy encourages you to reach out to your legislature to voice any concerns.

To contact your local legislator, visit:

<http://iga.in.gov/legislative/find-legislators>

To contact Indiana Governor's Office, visit:

<https://www.in.gov/gov>

Address: 200 W. Washington St., Rm. 206, Indianapolis, IN 46204

Phone Number: 317.232.4567